

# WELCOME TO TEAM IDA!

## Summer 2010!

The Ida Lewis Yacht Club Junior Sailing Program emphasizes sportsmanship and teamwork. Our program is fun for both the novice and the returning veteran who may wish to hone advanced skills. Our goals are to teach the joys of sailing, and for those who wish to race, the thrill of competition.

Our activities will promote the sport in all weather conditions, with boat handling and seamanship skills a part of each class.

This package includes information and registration for our Junior Program, Commodores-In-Training Program, Big Boat Program, and the NEW Brenton Cove Racing Program, developed as a cooperation between Ida Lewis Yacht Club and Sail Newport, for our ADVANCED Opti and ADVANCED 420 Sailors.

**Please complete four forms:**

**2010 Registration Form, Appropriate Invoice Form with Deposit, Liability Waiver, and Medical History**

**and return to:** Ida Lewis Yacht Club, Junior Committee, P.O. Box 479, Newport, RI 02840

### 2010 Program Schedule

<b>Session 1:</b>	<b>June 21 - July 16 (4 weeks)</b>
<b>Session 2:</b>	<b>July 19 - August 13 (4 weeks)</b>
<b>Racing Classes:</b>	<b>June 21 - August 15 (8 weeks) includes Race Week</b>
<b>Commodores in Training:</b>	<b>June 28 - August 5 (6 weeks)</b>
<b>Big Boat:</b>	<b>TBD (6 weeks)</b>
<b>Junior Race Week: August 13 - 15</b>	

### 2010 Junior Class Schedule

Class days & times may change slightly, to accommodate registration. We will notify student of any changes prior to the beginning of class.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Opti Beginner 9AM - 12:30 PM</b>		<b>Opti Beginner 9AM - 3PM</b>		<b>Opti Beginner 9AM - 3PM</b>
<b>Opti Intermediate 1PM - 4:30PM</b>	<b>Opti Intermediate 9AM - 3PM</b>		<b>Opti Intermediate 9AM - 3PM</b>	
	<b>Adv. Intermediate &amp; Opti RACING 9AM - 4PM</b>	<b>Adv. Intermediate &amp; Opti RACING 9AM - 4PM</b>		<b>Adv. Intermediate &amp; Opti RACING 9AM - 4PM</b>
<b>Adventures 9AM - 3:30PM</b>		<b>Adventures 9AM - 3:30 PM</b>		<b>Adventures 9AM - 3:30PM</b>
<b>Intro to 420/LASER 9AM - 4PM</b>			<b>Intro to 420/LASER 9AM - 4PM</b>	<b>Intro to 420/LASER 9AM - 4PM</b>
<b>COMMODORE-Mon 4:30PM-6:30 PM</b>			<b>COMMODORE-Thur 4:30PM-6:30 PM</b>	
	<b>Brenton Cove Opti 9 AM-4 PM</b>	<b>Brenton Cove Opti 9 AM-4 PM</b>	<b>Brenton Cove Opti 9 AM-4 PM</b>	
	<b>Brenton Cove 420 9 AM-4 PM</b>	<b>Brenton Cove 420 9 AM-4 PM</b>	<b>Brenton Cove 420 9 AM-4 PM</b>	
	<b>BIG BOAT 6PM - 8 PM</b>			

For more detailed class descriptions, please see website: [www.ilyc.org](http://www.ilyc.org)

**OPTIMISTS**

**Commodores in Training: Ages 5-7**

- For our younger sailors, this class will emphasize safety on the water and on the docks, while introducing them to the exciting world of sailing fun! Children must be 5 years old as of 1/1/2010.

**Beginner & Advanced Beginners: Ages 8-11** For the 1<sup>st</sup> & 2<sup>nd</sup> year Beginner

- Emphasizes safety, the basics of boat handling and sailing skills
- Curriculum conducive to having fun and making friends
- Instruction builds upon and expands previously learned sailing skills

**Intermediate:** For 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> year sailors

- Emphasizes safety, more advanced level boat handling skills, increased sailing terminology, seamanship skills and racing skills introduced
- Participation in NBYA Optimist Green Fleet events is encouraged for those sailors who want to try racing

**Advanced Intermediate and Introduction to Opti Racing Techniques:**

- Emphasizes Optimist Dinghy handling and skills. Introduction to sailing fast techniques!
- Sailors are encouraged to participate in NBYA Optimist regattas

**Opti Advanced Racing: Brenton Cove Racing Program...** (Must have own boat)

**SEE BRENTON COVE REGISTRATION PACKAGE - Cooperation with Sail Newport**

- Curriculum designed for participants to achieve their sailing goals and jump to the next level of Advanced Sailing Racing Competition
- Sailors must have completed at least one season of Green Fleet

**420 - LASER**

**420 Introduction: Ages 13-18** (13 yrs old or entering 8<sup>th</sup> grade, minimum) This is an eight week session.

- Beginner and Intermediate 420 Sailing skills, previous sailing experience expected
- Establish friendships, adventures on the bay
- Have fun while learning racing tactics, team racing, sportsmanship, and boat handling proficiency
- Sailors are encouraged to participate in NBYA Regattas.

**ADVANCED 420/Laser: Brenton Cove Racing Program...** (Must have own boat)

**SEE BRENTON COVE REGISTRATION PACKAGE - Cooperation with Sail Newport**

- Curriculum designed for participants to achieve their sailing goals and jump to the next level of Advanced Sailing Racing Competition
- Race oriented, drills, race training, etc.

**Adventures Class: Hunters, Lasers, 420's**

**Adventures: Ages: 11 - 15** On Registration Form, please indicate junior sailor's sailing experience level.

- For the sailor who enjoys sailing, but is not interested in competitive racing this summer
- Emphasize seamanship, cruising and sailing skills using a mainsail and a jib
- Sailors will enjoy making friends, as boats comfortably accommodates 3 sailors

**BIG BOAT SAILING TEAM**

**Keelboat: Ages 14 - 18** Limited to participants to be qualified upon application.

- Experience the thrill of steering, trimming and handling a bigger keelboat
- Try all positions (bow, mast, pit, trim, steering, navigate)

**IDA LEWIS YACHT CLUB JUNIOR SAILING PROGRAM  
2010 REGISTRATION FORM  
FOR ALL CLASSES**

CLASS:

**REGISTRATION CHECKLIST & PAYMENT OPTIONS**

*For each student registering, please submit:*

- Completed 2010 Registration Form
- Invoice Form with Deposit
- Liability Waiver
- Medical Form

Mail ALL above to: Ida Lewis Yacht Club, Junior Committee, P.O. Box 479, Newport, RI 02840

**APPLICATIONS WILL BE "RECEIVED" AND PROCESSED ONCE ALL PAPERWORK IS COMPLETE**

**REGISTRATION DEADLINE IS March 15th**

<b>Jr. Sailor Name:</b>		<b>Birth Date:</b>	_/_/_	<b>Is student an Ida Lewis Member?</b>			
				Yes	No		
<b>Jr.'s Cell #:</b>		<b>Grade Entering 9/10:</b>		<b>If No, Sponsor's Name:</b>			
<b>Jr.'s Email:</b>							
				<b>Sponsor's Email:</b>			
<b>Mother's Name:</b>		<b>Father's Name:</b>					
<b>Mother's Cell #:</b>		<b>Father's Cell #:</b>					
<b>Mother's Work #:</b>		<b>Father's Work #:</b>					
<b>Mother's Email:</b>		<b>Father's Email:</b>					
<b>Address:</b>				<b>Home Phone :</b>			
<b>City:</b>		<b>State:</b>		<b>Zip:</b>			
<b>T-shirt Size</b>							
Adult		S	M	L	Youth	M	L
<b>Parent would like to help with</b>							
Opti Regatta		Junior Fundraiser		Awards Banquet			

Level of Ida Lewis participation in 2009 (please check one)							
Opti Beginner	Opti Intermediate	Opti Race	420	Hunter	Commodore	Big Boat	None
Other Sailing Experience:							
What are your goals and expectations of your child's experience at ILYC?							

If you have questions regarding your child's class placement,  
please contact [glryley@gmail.com](mailto:glryley@gmail.com)

Class sizes are limited and will be filled on a first come, first served basis.  
Priority will be given to applicants who sign up for 8 weeks.

# IDA LEWIS YACHT CLUB JUNIOR SAILING PROGRAM 2010 INVOICE FORM

*Summer 2010*

**Do not use this form for Commodores In Training, Big Boat, or Brenton Cove Racing Program**

Junior Sailor Name:	
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Please indicate Session requested:

8 week or

Session 1 or

Session 2

Will your child:

Use a privately owned boat

Use a club boat

<b>STEP 1:</b>	<b>PICK PROGRAM AND 4 OR 8 WEEK SESSION, FILL IN FEE.</b>						
	<b>Please note STEP 2 for deduction if you have your own boat!!!!</b>						
	OPTIMIST BEGINNER		8 WEEKS	<b>\$950</b>		4 WEEKS	<b>\$525</b>
	OPTIMIST INTERMEDIATE		8 WEEKS	<b>\$950</b>		4 WEEKS	<b>\$525</b>
	Advanced Intermediate and Intro to OPTIMIST Race		8 WEEKS	<b>\$975</b>	<b>NA</b>		
	<b>ADVANCED OPTIMIST RACE Brenton Cove Racing Program</b>		8 WEEKS	<b>Use Brenton Cove Registration package</b>			
	420 Introduction		8 WEEKS	<b>\$1000</b>	<b>NA</b>		
	<b>ADVANCED 420/LASER Brenton Cove Racing Program</b>		8 WEEKS	<b>Use Brenton Cove Registration package</b>			
	Hunter 140		8 WEEKS	<b>\$950</b>		4 WEEKS	<b>\$525</b>
	Commodore in Training			<b>Use CIT Invoice Form</b>			
	Big Boat Racing Team			<b>Use Big Boat Invoice Form</b>			
<b>STEP 2:</b>	<b>CREDIT for use of your own boat. CREDIT \$0 if using club boat.</b>						
	<b>OPTIS or Hunters: \$75</b> CREDIT for 4 week session, <b>\$150</b> CREDIT for 8 week session					<b>CREDIT</b>	-
	<b>420s: \$175</b> CREDIT for 8 week session						
<b>STEP 3:</b>	<b>Non member registration for "Special" Junior Membership Fee if junior sailor's parents are not members of ILYC NON Members ONLY</b>						
	<b>\$125</b> adder for 4 week session, <b>\$250</b> adder for 8 week session						+
<b>SUBTOTAL:</b>							
Non Refundable DEPOSIT <b>\$200 for members, \$300 for non members</b>							-
<b>BALANCE:</b>							
(DEDUCT DEPOSIT)							

<p><b>Members, Non refundable deposit (\$30)</b></p> <p>Check for deposit enclosed</p> <p>Charge deposit and balance to my credit card</p> <p>Charge deposit and balance to my ILYC account</p>	<p><b>Non Member, Non refundable deposit (\$50)</b></p> <p>Check for deposit enclosed</p> <p>Charge deposit to my credit card **</p> <p>Balance to my credit card April 1<sup>st</sup> **</p>
<p>VISA/MC # _____ EXPIRATION _____ AMOUNT _____</p> <p style="text-align: center;">Signature _____</p>	
<p style="text-align: center;">Non-refundable deposits will be refunded only if the program cannot accommodate your child.</p> <p>Members, balance will be billed April 1<sup>st</sup> on your ILYC account unless you request to have your credit card charged :</p> <p style="margin-left: 20px;">_____ Charge balance to my credit card April 1<sup>st</sup></p>	
<p>** Non members, balance will be added to your credit card on April 1<sup>st</sup>, unless we receive check before April 1<sup>st</sup>.</p>	

**IDA LEWIS YACHT CLUB JUNIOR SAILING PROGRAM**

**Equipment:** Junior Sailors must wear a Coast Guard approved life jacket (PFD) when in any vessel or on any docks. In addition, they must have a hat, sunglasses, sunscreen, a water bottle and boating shoes (bare feet are not allowed at any time, closed toe shoes are recommended). A t-shirt must be worn while on the docks.

**Swim Test:** Beginner through Advanced sailors in the program must pass a swim test each year, which is given during the first week of classes. Your child must be able to swim 50 yards without a life jacket, tread water, and put on a life jacket while in the water. This is the *ONLY* time your child will be on the water without a PFD while in the program. No swim test will be given to Commodores-in-Training and they will never be without a life jacket on or near the water.

**Instructors:** Our instructors have extensive coaching experience. We are confident they are the most qualified on the bay. In addition, they are certified in Red Cross CPR/First Aid and have completed US Sailing Level One Certification or the international equivalent. Instructors will promote sailing in a safe and fun way and have been chosen to teach at Ida Lewis because of their love of the sport, their demonstrated proficiency and their commitment to being positive and caring role models for our Junior Sailors.

**Enrollment:** Members and non members sign up is open for all classes. Registrations will be prioritized by date of receipt. Members will receive priority on registrations received prior to March 1<sup>st</sup>. After March 1<sup>st</sup>, selection will be based on a first come, first serve basis.

**Application deadline is March 15th.** This deadline is necessary for planning and staffing purposes. Applications after this date will be taken, but will be subject to availability.

**ILYC Members:** \$200 non refundable deposit required for each sailor. Payment options on registration. Members deposit will be billed upon receipt of registration, balance will be billed April 1<sup>st</sup>.

**Non members:** Non members submit \$300 non refundable deposit for each sailor. Payment in full must be received by April 1<sup>st</sup>. Non members will need an Ida Lewis Yacht Club sponsor to enroll your child in Ida's junior sailing program. Please include sponsor member's name and email address. Non member fee includes special junior membership dues.

**Fees include:** Instruction, facility use, program costs, boat storage, awards dinner (student) and coaching at selected Regattas.

**Fees do not include:** Special coaching, travel, expenses, clinic and regatta fees, private lessons, etc.

**No program fee refunds:** After May 1<sup>st</sup>. (Deposits are non refundable.)

**Questions:** If you have any questions, please contact: [glryley@gmail.com](mailto:glryley@gmail.com)

# Parent's Consent & Waiver of Liability – Assumption of Risk Indemnity Agreement

**\*\*Please send in one copy for each participating child in the family\*\***

Junior Sailor Name:		<i>Summer 2010</i>
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I the undersigned parents or legal guardians (hereafter referred to in the singular) of \_\_\_\_\_ (the "child"), request and consent that the child be permitted to participate in events sponsored, endorsed, or assisted by Ida Lewis Yacht Club, including the use of boats that may be owned or maintained by said Ida Lewis Yacht Club (the "activities"). In consideration of such permission being granted, I agree as follows:

1. **WAIVER OF LIABILITY:** I for myself, my child, my heirs, personal representative and assigns forever release, remise, discharge and agree to save and hold harmless and indemnify Ida Lewis Yacht Club, its members, directors, officers, agents, employees, volunteers and owners and lessees of premises, upon which activities are held, the participants therein and the owners and lessees of all race equipment used therein (herein referred to as "the Releases") of and from any and all liability, claims, actions, and possible causes of actions whatsoever, including negligence of any of the foregoing that may accrue to me, my child, my heirs, and personal representatives and assigns from every and any loss, damage and injury (including death) that may be sustained to me, my child and property while in, about, and enroute into and out of premises and property upon which the activities are held.

2. **ASSUMPTIONS OF RISK:** I am aware that the activities involve potentially hazardous conditions, which may include, among other things, maneuvering a boat on deep waters, strong winds and high waves, sudden unexpected immersion in deep waters and collision with other watercraft or stationary objects such as docks, pilings, piers and buoys. With knowledge of the dangers involved, I voluntarily ask and consent that my child be allowed to take part in the activities. I **ACCEPT ANY AND ALL RISKS TO MYSELF AND MY CHILD OF INJURY, DEATH AND PROPERTY DAMAGE ARISING FROM PARTICIPATION IN THE ACTIVITIES AND THE USE OF FACILITIES AND PROPERTY OF IDA LEWIS YACHT CLUB, SPECIFICALLY INCLUDING ANY INJURY OR DAMAGE CAUSED BY THE NEGLIGENCE OF ANY OF THE RELEASEES.**

3. **INDEMNITY AGREEMENT:** I agree to indemnify and hold releases harmless from any loss, liability, damage or cost including reasonable attorney's fees they may sustain or incur due or relating to my child's participation in the activities and use of the property and facilities of Ida Lewis Yacht Club, specifically including any such loss, liability, damage or cost resulting from the negligence or other action, of the Releases.

**NOTICE:** Rhode Island Law provides that certain persons who assist in organizing or conducting youth sport programs under the auspices of a non-profit corporation, such as the Ida Lewis Yacht Club, are immune from civil liability (RI General Laws 9-1-48).

**I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THE AGREEMENT INCLUDES WAIVER OF LIABILITY, AN ASSUMPTION OF RISK AND AN AGREEMENT BY ME TO INDEMNIFY THE RELEASEES, AND I SIGN IT OF MY OWN FREE WILL.**

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

**IDA LEWIS YACHT CLUB JUNIOR SAILING PROGRAM  
MEDICAL HISTORY & RELEASE**

**Summer 2010**

**\*\*Please send in one copy for each participating child in the family\*\***

Junior Sailor Name: \_\_\_\_\_

\_\_\_\_\_

CLASS

Mother \_\_\_\_\_ Father \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Home \_\_\_\_\_  
Work \_\_\_\_\_ Work \_\_\_\_\_  
Cell \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_

Summer Address (if different) \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Relation \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

**My child is healthy and may participate in all activities related to the Junior Sailing Program.**

Parent/Guardian Signature \_\_\_\_\_

Child's Physician \_\_\_\_\_

Physician's Phone Number \_\_\_\_\_

Medications \_\_\_\_\_

Allergies \_\_\_\_\_

Other medical conditions or concerns: (recent surgery, asthma or other breathing problems, hemophilia or other bleeding problems, seizures, diabetes, etc.). \_\_\_\_\_

Is there anything we should know that can make this a fun and happy summer for your child?

Medical Insurance Information: Parent/Guardian's Insurance Coverage:

Policy Holder \_\_\_\_\_ Carrier \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

As the parent/guardian of the above named student, I hereby acknowledge that the risk of injury, including serious debilitating injury, is involved in athletic participation. I recognize that Ida Lewis Yacht Club and the Junior Sailing Program and their representatives make efforts to reduce these risks, but further recognize that their efforts cannot and will not eliminate all such risks. I am aware of the risks involved, and give my consent for the above named student to participate in all activities associated with Ida Lewis Yacht Club and the Junior Sailing Program. I am aware that Ida Lewis Yacht Club and the Junior Sailing Program does not carry medical insurance for students and that medical insurance coverage will be provided by parent/guardian. Evidence of such coverage is provided above. I further release and hold harmless Ida Lewis Yacht Club, the Junior Sailing Program, its Officers, Directors and employees, from any and all liability arising from the above-named student's participation in the Ida Lewis Yacht Club, the Junior Sailing Program and all related activities.

**PARENT/ GUARDIAN EMERGENCY TREATMENT AUTHORIZATION**

*I hereby grant permission to any appropriately qualified health care professional to give any and all medically appropriate emergency care to my son/daughter/ward, including but not limited to anesthesia and surgery.*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_